

**P242**

**GRACE NOTES RADIO PROGRAM**

**TITLE: How to enjoy life - part 5**

**SONG: May We Never FORGET**

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**INTRO: Welcome to Grace Notes. On our program today, Barbara Sandbek will summarize what we've studied so far on the topic 'How to enjoy life', and show what it is that ties all the points together. You may be surprised at the finding, so stay tuned for a revelation.**

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**When I was developing this series on 'How to enjoy life' I started with a basic question – What are our greatest needs and how can they be satisfied? We found that knowing the love of God, our Creator, and understanding why we're created, are truly our greatest needs. But the Bible, God's Word, says it's impossible to understand these things without the help of the Spirit of God.**

**In 1 Corinthians 2:14 we read...**

**The man without the Spirit does not accept the things that come from the Spirit of God, for they are foolishness to him, and he cannot understand them, because they are spiritually discerned.**

**When we ask Jesus to be our Savior, the Spirit of God comes to dwell in us. Jesus, God's Son, made it possible for us to understand God's love when He died on the cross and rose again. He did this to pay the penalty for our sin against God so we could have a relationship with Him. When we allow Jesus to be Lord of our life, He fulfills in us the purpose for which we were created. (Phil. 1:6) And that's satisfaction.**

**As I continued to think of ways to enjoy life, I was directed to some of the things people think can make them happy...like money and fame. But after reading the parable of the rich fool, and seeing the end result of the prodigal son's extravagance and King Solomon's greed, we found that Jesus' words in Luke 12:15b are true...**

**..a man's life doesn't exist in the abundance of his possessions.**

**At this point in my studies, I prayed for the Lord to show me what direction to take. Was there some standard set forth in the Bible for an enjoyable life? I reviewed what I'd presented so far and the Scripture I'd found and came upon a tie to the Ten Commandments. After looking at the rest of the ideas I had, I realized that they all in some way related to these commands. This was a revelation to me. It's no doubt that God's word has the answer for how to enjoy life. We just need to read it and heed it.**

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**From ages past, God set forth the Ten Commandments to show us that when we honor God and honor our fellow man, life will be more enjoyable. These commands were impossible to keep in Old Testament times, because the Holy Spirit didn't reside in the heart of man.**

**In the New Testament times, we find that Jesus didn't say to disregard the commandments, rather he said that the greatest of all the commands, as recorded in Mark 12:30, was...**

**Love the Lord your God with all your heart, and with all your soul, and with all your mind and with all your strength.**

**This command is a summation of the first four Old Testament commands which are:**

**You shall have no other gods before Me.**

**You shall not make for yourselves and idol...**

**You shall not bow down to them or worship them.**

**You shall not misuse the name of the Lord your God.**

**Remember the Sabbath day by keeping it holy – on it you shall NOT DO any work, (and so forth).**

**There was a difference, though, in the way Jesus communicated his command. It was given as what you SHOULD DO rather than what you SHOULDN'T DO. I don't know about you, but I find that so much more tolerable. As Believers in Jesus, we have the Holy Spirit in us, who can keep us from doing what we shouldn't do, and help us do what we should.**

**1 John 5:1-3 says...**

**Everyone who believes that Jesus is the Christ, is born of God and everyone who loves the Father, loves his child as well. This is how we know that we love the children of God, by loving God and carrying out His commands. This is love for God: to obey His commands.**

**Our relationship with our Father, God, should be the most important relationship we have. We show our love for Him by representing Him well and speaking highly of him. This means we should never take His Name lightly, or use it profanely, because His Name represents His character – all that He is and all that He does.**

**In human relationships, I can't think of anything more embarrassing than being around a couple who cut down each other. Yet we often do the same thing to the Lord, by taking His Name in vain, or not standing up for Him when others misuse it.**

**Another way to show we love the Lord is by observing a day of rest from our busy schedule to focus on Him. This enables us to serve Him better. It's also a way of testifying to others that the God we serve is worthy to be honored.**

**We need to reflect on what God saved us from so we'll never forget what it felt like to be lost, without the love of God, and without the Holy Spirit's power. This helps us to rejoice in the Lord, and as the Apostle Paul would say, again and again, because we've been freed from sin's penalty - we are loved by our Heavenly Father. Jesus paid a high price to redeem us. Is it too much for Him to ask us to show our gratitude by loving Him with all our heart, soul, mind and strength? Our love affair with Christ should never grow old. And it won't if we stop taking His love for granted.**

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**\*\* MAY WE NEVER FORGET \*\***  
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